

Exam Preparations

Carefully follow the instructions for your prescribed examination. If you have questions, please call (253) 815-1231.

CT scan:

All IV Contrast Exams

- No food or drink for 4 hours prior to your scheduled exam

Abdominal/Pelvic CT Exams

- Arrive one hour prior to your appointed time for the exam preparation.

MRI:

Notify us prior to your appointment if you have the following:

- Pacemaker
- Electronic device or metallic implant
- Brain aneurysm clip
- Heart valve replacement
- Stent
- Metal eye injury

X-ray

This exam does not have advance instructions.

Ultrasound (US):

Abdominal Exam

Night before: Fat free dinner.
Non-fat liquids permitted until 6 hours prior to exam, then nothing by mouth.

Kidney, Renal and Renal Artery

1 hour prior to your exam:
1. Empty your bladder
2. Drink 16 ounces of water
3. Do not empty your bladder

OB

Less than 14 weeks –

1 hour prior to your exam:

1. Empty your bladder
2. Drink 32 ounces of water
3. Do not empty your bladder

More than 14 weeks –

Do not empty your bladder for 1 hour prior to your appointment

Pelvic and/or Trans Vaginal

1 hour prior to your exam:

1. Empty your bladder
2. Drink 32 ounces of water
3. Do not empty your bladder

Medical Imaging on 1st

33915 1st Way South, Suite 130

Federal Way, WA 98003

PHONE: (253) 815-1231

FAX: (253) 815-1225

Directions

I-5 Heading North (from Tacoma)

Take the S. 348th St. exit (142B), heading west. Follow 348th, crossing Pacific Hwy S., to 1st Avenue South. Turn right, following 1st Way for 1 mile. Due to a median, you will actually pass the Maplewood Office Building. Make a U-turn at either the designated U-turn or at 336th St and head South on 1st Way. Turn right immediately into the 33915 Maplewood entry. Medical Imaging on 1st is in the tan building.

I-5 Heading South (from Seattle)

Take the S. 320th St. exit (143), heading west, crossing Pacific Hwy S., to 1st Avenue S. Turn left on 1st Avenue S and it will turn into 1st Way S. Immediately after S. 336th St., turn right into the 33915 Maplewood Office Building

